



# Mama Mia's

italian eatery




## APPETIZERS

### Calamari Fritti

Flour dusted & deep fried, spicy chipotle dip \$14.99

### Mussels Marinara

White wine, garlic, tomato, chilies & seasonings \$15.99

### Escargots

Large snails in garlic butter \$8.00 With cheese \$9.99

### Antipasto Classico (for 2)

Assorted cured meats, cheese, seasoned olives \$18.00

### Mozzarella Sticks

Breaded & deep fried, tomato sauce dip \$9.50

### Bruschetta

Tomato, garlic, olive oil, seasoning & balsamic glaze \$7.99  
With cheese \$10.50

### Garlic Bread

\$6.99 With cheese \$9.50

## SOUPS & SALADS



### Mama's Soup

Daily selection \$7.25

### Mama's Salad

Romaine, chick peas, onion, tomato & cucumber tossed in red wine vinaigrette \$9.25

### Caesar Salad

Romaine, croutons, parmesan cheese, creamy Caesar dressing \$10.99 with bacon add \$1.50

### Caprese Salad

Fresh tomatoes, bocconcini cheese, olive oil, fresh basil, balsamic drizzle, garnished with arugula \$13.99

### Arugula Salad

Arugula, sweet pear, asiago shavings, baby red beets in a white balsamic vinaigrette \$15.99

### Mediterranean Salad

Romaine lettuce, red onion, kalamata olives, feta cheese, cherry tomatoes, green peppers, and cucumbers tossed in herbed vinaigrette \$15.99

## PIZZA



### Mamas Pizza

Sauce & cheese. (Build your own) \$13.99

### Margherita

Fresh bocconcini, oregano, basil, olive oil, and tomato sauce \$16.99

### Canadese

Mozzarella, tomato sauce, pepperoni, mushrooms and bacon \$17.99

### Capricciosa

Mozzarella, tomato sauce, mushrooms, ham and artichoke hearts \$18.99

### Vegetariana

Olive oil, mozzarella, parmigiana, mushrooms, eggplant, zucchini, roasted red peppers and sundried tomatoes \$19.99

### Prosciutto & Arugula

White base, prosciutto, arugula, olive oil, basil, oregano, garlic, mozzarella, shaved asiago and sundried tomatoes \$19.99

### Calabrese

Tomato sauce, mozzarella cheese, hot calabrese salami, hot capicola, kalamata olives and hot peppers \$19.99

### Quattro Formaggi

Tomato sauce, mozzarella, asiago, parmesan and bocconcini \$18.99

### Primavera

Tomato sauce, mozzarella cheese, mushrooms, green peppers, diced tomatoes and roasted peppers \$18.99

Additional Toppings \$1.50 extra per topping

Mozzarella cheese, pepperoni, mushrooms, green peppers, onions, hot banana peppers, garlic, green olives, oregano, kalamata olives, tomatoes, pineapple

### Bianco

White base, olive oil, garlic, basil, arugula, mozzarella, grated parmesan and cherry tomatoes \$16.99

### Hawaiian

Tomato sauce, mozzarella, ham and pineapple \$16.99

### Meat Lovers

Tomato sauce, spicy Italian sausage, bacon, pepperoni, ham and mozzarella \$19.99

### Pizza Mediterraneo

Pesto base, mozzarella, feta, chicken, roasted red pepper, kalamata olives, red onion and drizzled with balsamic glaze \$19.99

**All Individual Pies are 11"**  
Gluten free crust add \$5.00 (when available)

Gourmet Toppings \$3.00 extra per topping

Hot calabrese salami, hot capicola, genoa salami, asiago cheese, bocconcini cheese, feta cheese, chicken, anchovies, hot sausage, meatballs, artichoke hearts, arugula, pesto, prosciutto, sundried tomatoes



# PASTA CLASSICO

## Spaghetti, Penne or Fettucine

Tomato sauce and fresh basil \$14.99

Fresh garlic and Extra Virgin Olive Oil \$14.99

(Gluten free Penne and Spaghetti available for an extra \$5.00)

## Fettuccine Alfredo

Fettuccine tossed in a creamy parmesan sauce \$17.99

Add chicken \$5.00 Add mushrooms \$3.00

## Penne Arrabbiata with Italian Sausage

Penne tossed in a spicy tomato sauce \$18.25

## Spaghetti with Clam Sauce

Fresh baby clams in a tomato sauce or white wine, garlic and olive oil \$19.99

## Penne Andrea

Smashed meatballs, garlic, mushrooms in a tomato sauce \$18.95

## Gnocchi Bolognese (Mama's own Meat Sauce)

\$17.99 (Also gluten free \$22.99)

## Cheese Ravioli

Large cheese filled ravioli in Mama's tomato sauce \$18.95

## Penne Pollo Pesto

Penne tossed with chicken, pesto, tomato and cream sauce \$20.50

## Pasta con Cozze

Spaghetti, mussels, white wine, garlic, tomato, chilies and seasonings \$20.99

## Pasta Primavera

Eggplant, zucchini, mushrooms, red peppers, sundried tomatoes, olive oil, diced tomatoes, made with red sauce or olive oil and garlic \$21.99

## Spaghetti alla Carbonara

Spaghetti tossed with egg, bacon, mushrooms, parmesan cheese and garlic \$20.95

## Spaghetti Fra Diavolo

Pan seared shrimp, clams and PEI mussels, tomato, olive oil, garlic and hot chilies \$27.99

## Penne alla Vodka

Prosciutto tossed in a vodka rose sauce and finished with asiago \$18.99

# HOMEMADE SPECIALTIES



## Mama's Homemade Spaghetti and Meatballs \$17.99

## Bit of Italy

Combo plate of cannelloni, manicotti and fettuccine alfredo \$18.99

## Meta Meta

Combo plate of Homemade lasagna and fettuccine alfredo \$18.99

## Lasagna

Ground meat, ricotta, mozzarella, parmesan, tomato sauce and homemade pasta, baked to perfection \$18.99

## Cannelloni

Baked homemade pasta stuffed with ground meat and fresh herbs. \$18.99

## Manicotti

Baked homemade pasta stuffed with ricotta, egg, parsley and spices \$18.99

## Eggplant Parmigiana

Flour dusted sliced eggplant cooked and layered with tomato sauce, mozzarella and parmesan cheese \$19.99

## Vegetable Lasagna

Filled with a mixture of chopped vegetables \$20.99

Add shredded mozzarella to any pasta for \$3.00

Alfredo Sauce \$4.00 Rose Sauce \$3.00 Mushrooms \$3.00

Meat Sauce \$4.00 Chicken \$5.00 Shrimp \$8.00

ALL PASTA DISHES INCLUDE ITALIAN BREAD AND BUTTER.  
SAUCE SUBSTITUTIONS AT AN ADDITIONAL CHARGE



# VEAL & CHICKEN

All served with pasta or vegetable of the day

## Chicken Parmigiana

Breaded with mozzarella & tomato sauce \$20.99

## Venetian Chicken

Seasoned chicken breast, garlic butter & mushrooms \$19.99

## Chicken Francesca

Olive oil, topped with roasted vegetables \$20.99

## Veal Parmigiana

Breaded veal, mozzarella & tomato sauce \$21.99

## Veal Genovese

Breaded veal, mushrooms & roasted red peppers \$21.99

# PANINI



All served with fries or substitute house salad

## Steak Panini

Grilled onions, green peppers, mozzarella cheese, lettuce, tomato & Italian dressing \$15.99

## Chicken Parmigiana Panini

Cutlet with Mama's sauce and cheese \$15.99

## Smashed Meatball Panini

Meatballs, sauce and cheese \$14.99

## Hot Sausage Panini

Hot sausage, onions, peppers and cheese \$14.99

# KIDS MENU



12 yrs & under.

Spaghetti and Tomato Sauce or butter and cheese \$9.50

Chicken Fingers & Fries \$9.50

Hot Dog & Fries \$8.50

Hamburger & Fries \$8.50

Grilled Cheese & Fries \$7.95

Fettuccine Alfredo \$10.00



Chicken Fingers & Fries \$16.99

Hamburger & Fries \$16.99



# SIDE ORDERS

Mama's Homemade Meatballs (2) \$4.50

Hot Italian Sausage (2) \$4.50

Vegetable of the Day \$6.00

Mushrooms \$6.50

Side Fries \$5.00



# BEVERAGES

Coffee/Tea \$2.95

Herbal Tea \$3.50

Espresso \$3.50

Cappuccino \$4.25

Pepsi, Diet Pepsi, 7up, Ginger Ale \$3.25

Juices/Milk \$3.25

San Pellegrino (small) \$2.95

Brio \$3.25

Dads Root Beer \$3.25

Orangina \$3.75

Natural or Sparkling Water (1 litre) \$6.50

Parties of 8 or more, 18% gratuity will be added. HST not included. Separate cheque charges may be applied.